

Basic Life Support (BLS) Quick Reference Guide

BLS for Physicians and Advance Practice Providers (APPs):

- Two months prior to the expiration date of your certification, request the “MHC HeartCode BLS Curriculum” by emailing [**MHC-HealthStream@mhc.net**](mailto:MHC-HealthStream@mhc.net)
- Follow the two-part process for certification. Part 1 is completed in HealthStream. Part 2 is completed on the AHA website and relies on your MHC email address.
 1. Complete the HealthStream assignment “MHC HeartCode BLS Curriculum.” **NOTE:** the assignment includes signing up for the 30-minute skills check-off appointment, “HeartCode BLS with Instructor Check-off.”
 2. You must complete the BLS HeartCode online portion (link to course will be sent to your MHC email) **prior to coming to skills check-off**. The email originates from the American Heart Association (elearning.heart.org or donotreply address) and contains the BLS HeartCode link.
- Note: Payment of \$40 is required for physicians and APPs **not** employed by Munson Healthcare to comply with Stark Laws. Please make checks payable to Munson Healthcare.

BLS Contacts:

South Region: Carol Clous ([**CClouds2@mhc.net**](mailto:CClouds2@mhc.net) or **231-876-6611**)

Paul Oliver Memorial Hospital, Cadillac Hospital, Manistee Hospital, and clinics

East Region: Courtney Johnson ([**CJohnson28@mhc.net**](mailto:CJohnson28@mhc.net))

Gaylord Hospital, Grayling Hospital, Charlevoix Hospital, and clinics

Central Region: Teresa Nardon ([**TNardon@mhc.net**](mailto:TNardon@mhc.net) or **231-935-7275**)

Munson Medical Center and Traverse City area clinics

AHA Training Center Coordinator: James Foster ([**JFoster@mhc.net**](mailto:JFoster@mhc.net) or **231-935-7841**)