Provider Office Toolkit
Heart Health

You work hard every day to help your patients prevent and manage chronic diseases. During the month of February as the nation celebrates **American Heart Month**, Munson Healthcare is shining a light on heart health resources and opportunities for you and your patients. Included in this toolkit are ways your office can get involved.

As a reminder, your office may be eligible to receive financial incentives for meeting certain quality measures related to heart health. Those quality measures include:

- Hypertension control (BP<140/90)
- Statin therapy

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Resources for patients & providers

Connect patients to resources that support heart health and other basic needs.
Tobacco cessation - munsonhealthcare.org/services/smoking-cessation
Diabetes education - munsonhealthcare.org/diabetesresources
Community Connections - northernmichiganchir.org/community-connections

Sign up for Practice Pro. This newsletter keeps practice managers and staff informed of upcoming opportunities and topics of interest - munsonhealthcare.org/practiceprosignup

Display the Tobacco Cessation posters provided in your lobby or other patient facing areas. Want more copies? Email mhc-community-health-staff@mhc.net with the quantity you would like and we will send them directly to you.

 Sign up for a CME related to heart health. CME opportunities are shared weekly in Munson Healthcare's Med Staff News or you can find a list of them here: www.eeds.com/portal_index

Office engagement & self-care

Encourage staff to wear red on Fridays (or any day) during February. Take photos of your team wearing red and send them to MHC-Community-Health-Staff@mhc.net for a chance to be featured.

Try one of these ideas to keep your own heart healthy: take a walk during lunch, do a 5-minute meditation to reduce stress, host an office potluck with healthy recipes, or sign up for a fitness class with a co-worker.

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HCC coding
For cardiac related conditions

Use appropriate HCC coding for cardiac related chronic conditions in order to receive the financial resources your team deserves to best care for your patients.

Cardiology HCC Tips:
- Code Acute Myocardial Infarction for 4 weeks from time of the incident
- Document and code the type of Heart Failure including severity/cause
- Document and Code all aortic ectasia's and aneurysm, without rupture, that are discovered on Echo
- Document and code all arrhythmias to the highest specificity

Link cardiac related chronic health conditions:
- If Hypertension with Heart Failure coexist, link the conditions using code I11.0
  - Example: Instead of I10.0 Hypertension, use I11.0 - Hypertensive Heart Disease with Heart Failure, and then code the type of heart failure.
- If Hypertension with Heart Failure, Chronic Kidney Disease coexist, link the conditions using code I13.0
  - Example: Instead of using I10 Hypertension, use I13.0 - Hypertensive Heart Disease and Chronic Kidney Disease with Heart Failure. Also, then code type of Heart Failure and stage of Chronic Kidney Disease.

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