

COMBINED FOR YOUR SPINE.

MaryFreeBed  Munson.org



THE SPINE CENTER CADILLAC

Back pain is one of the nation's most common medical problems. Now, Mary Free Bed Rehabilitation at Munson Healthcare clinicians are making it easier for your Cadillac area patients to get the care they need – quickly and conveniently.

HOW IT WORKS:

- When we receive your referral, your patient is scheduled for an in-person evaluation in Cadillac.
- A Mary Free Bed physiatrist in Traverse City partners with a physical therapist in Cadillac.
- Together, they evaluate your patient.
- The physiatrist and therapist collaborate to create a care plan.
- Follow-up therapy appointments take place in Cadillac. Follow-up physician appointments are done virtually, independent of therapy appointments.
- Your patients return to you for ongoing health care and long-term pain management.

THE BENEFITS:

- **Quick:** Your patient receives a single history/physical evaluation.
- **Convenient:** Therapy sessions are close to home, and physiatry follow-ups are virtual.
- **Expert Care:** Our teams specialize in spinal conditions and rehabilitation.

YOUR PATIENT'S INDIVIDUALIZED PROGRAM MAY INCLUDE:

- Physical therapy and exercise
 - Orthopedic physical therapy
 - McKenzie Method (specialized system of musculoskeletal care)
- Education on postural changes and activity modifications
- Lumbopelvic rhythm restoration
- Pain neuroeducation
- Services from additional members of our integrated spine service if necessary

REFERRALS

Our program offers specialty consultation and services for patients with acute, recurrent or chronic neck and back pain. We accept most major insurances and make it a priority to schedule new patient appointments quickly.

Referrals are managed through our Traverse City location. Please call or fax your referral to:

P: 231.935.8604 | F: 231.392.7333

Mary Free Bed at Munson Healthcare - Cadillac Hospital

704 Oak St., Cadillac, MI 49601

P: 231.876.7443 | F: 231.876.6460